



## IAGLCWDC Dance Competitions Music

### 2011-2012 Couples Music List

#### THE IAGLCWDC DANCE COMPETITIONS COMMITTEE'S LIST OF SANCTIONED COUPLES COMPETITION MUSIC

This document contains the list of music sanctioned by the IAGLCWDC Dance Competitions Committee at the 2010 Austin Annual Convention and revised at the 2010 Madison Semiannual Convention to be used in IAGLCWDC Sanctioned or Recognized Couples Competitions up to and including the 2012 Annual Convention in New Orleans, Louisiana, USA. If a Competition Director or interested competitor has any questions, she/he should contact the IAGLCWDC Director of Dance for further information.

Actual music to be used during the competition (with the exception of the Solo Medley music) will be selected from the list below by the Competition Director and the DJ and will be announced during the Competitors Meeting just prior to competition.

For assistance in locating competition music, competitors may contact the Competition Director of the respective event.

# Summary of Dance Categories

## SMOOTH DANCES

Two-Step (176-200 BPM)

Waltz (84-100 BPM)

## SWING DANCES

East Coast Swing (145-160 BPM)

West Coast Swing (105-120 BPM)

## RHYTHM DANCES

Cha Cha (100-120 BPM)

Night Club (56-68 BPM)

Polka (108-122 BPM)

*The following pages list the music sanctioned for each dance category.*

# SMOOTH DANCES

Two-Step (176-200 BPM)

Waltz (84-100 BPM)

SONG TITLE	ARTIST	ALBUM	BPM
<b>Two-Step Tracks</b>		<b>BPM Range: 176–200</b>	
The World	Brad Paisley	Time Well Wasted	177
The Truck Song	Lyle Lovett	Anthology Volume One: Cowboy Man	184
Redneck Woman	Gretchen Wilson	Here for the Party	185
Tequila Makes Her Clothes Fall Off	Joe Nichols	III	188
How a Cowgirl Says Goodbye	Tracy Lawrence	The Coast is Clear	191
Love On Arrival	Dan Seals	On Arrival	196
Too Many Pockets	Darryl Worley	Hard Rain Don't Last	198

<b>Waltz Tracks</b>		<b>BPM Range: 84–100</b>	
If It Ain't One Thing (It's You)	Alan Jackson	A Lot About Livin' (And a Little 'Bout Love)	84
Leaving Is the Only Way Out	Shania Twain	The Woman in Me	84
Beautiful Day for Goodbye	George Strait	Twang	85
I'd Love You All Over Again	Alan Jackson	Alan Jackson: The Greatest Hits Collection	86
If These Walls Could Talk	Lee Ann Womack	Call Me Crazy	88
You're The First Time I've Thought About Leaving	Reba McEntire	Oklahoma Girl	91
Their Hearts Are Dancing	The Forester Sisters	I Got a Date	99

# SWING DANCES

East Coast Swing (145-160 BPM)

West Coast Swing (105-120 BPM)

SONG TITLE	ARTIST	ALBUM	BPM
<b>East Coast Swing Tracks</b>		<b>BPM Range: 145–160</b>	
White Lightning Hit the Family Tree	Chris Young	Chris Young	145
High Steppin' Daddy	The Kentucky Headhunters	Pickin' on Nashville	147
Jukebox	Michael Martin Murphey	Land of Enchantment	152
Party Of One	Trick Pony	Trick Pony	154
Every Dog Has Its Day	Toby Keith	American Ride	156

<b>West Coast Swing Tracks</b>		<b>BPM Range: 105–120</b>	
Hot Mama	Trace Adkins	Comin' On Strong	106
Take It Back	Reba McEntire	It's Your Call	111
Sugar	Sammy Kershaw	I Finally Found Someone	112
Bubba Hyde	Diamond Rio	Love a Little Stronger	116
Live Close By, Visit Often	K.T. Oslin	Live Close By, Visit Often	119

# RHYTHM DANCES

Cha Cha (100-120 BPM)

Night Club (56-68 BPM)

Polka (108-122 BPM)

SONG TITLE	ARTIST	ALBUM	BPM
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**Cha Cha Tracks** **BPM Range: 100–120**

I Can't Take You Anywhere	Toby Keith	Pull My Chain	107
She Gets That Way	Kenny Chesney	I Will Stand	114
I Shall Return	Billy Currington	Little Bit of Everything	117

**Night Club Tracks** **BPM Range: 56–68**

Where We Belong	Jamie O'Neal	Shiver	62
When You Are Old	Martina McBride	The Time Has Come	63
Today	Gary Allan	Get Off on the Pain	68

**Polka Tracks** **BPM Range: 108–122**

(This Thing Called) Wantin' and Havin' It All	Sawyer Brown	This Thing Called Wantin' and Havin' It All	113
Forever Road	Darius Rucker	Learn To Live	115
One More for the Road	Suzy Boggus & Chet Atkins	Simpatico	119